

OB/GYN ASSOCIATES, P.A.

HYSTEROSALPINGOGRAM (HSG)

The purpose of an HSG is to make sure that the inside of the uterus (uterine cavity) is normal size and shape and to determine if the fallopian tubes are open (patent) or closed (occluded). The test is done in a radiology department at a hospital or outpatient center. A radiologist will perform this test.

The procedure is performed by passing a thin tube-like catheter into the cervical opening and then injecting dye into the uterus through this catheter. You will lie on an exam table with a speculum in place during the test. As the dye enters the uterus and fallopian tubes, X-ray pictures of your pelvis will be taken by the Radiologist. The test generally takes less than 20 minutes. HSG testing is performed weekdays and is typically scheduled between cycle days 7-10 of a 28-day cycle. The testing is done after you stop bleeding from your menstrual period but before you ovulate. Please abstain from intercourse during this time period. You may eat a regular breakfast or lunch before your appointment.

To schedule the HSG, please call the hospital line, weekdays only at 678-581-5900. Arrive to the facility where you are scheduled approximately 30 minutes before the test to sign the consent form and other paperwork required. Please inform the nurse if you have had any allergic reaction to medication, i.e. IODINE, SHELLFISH, OR RADIOGRAPHIC MATERIALS. Appointments are limited, so please call as soon as your menstrual cycle begins.

Mild to moderate uterine cramping often occurs during or soon after the HSG procedure. Therefore, we recommend that you take 400-600mg of Ibuprofen (Motrin, Advil, Nuprin) with food 1 hour before the procedure. Do not take Aspirin. You should be able to return to work and/or resume your normal activities after the HSG is finished. Mild cramping or bleeding similar to a period is not unusual after the HSG. Please call if there are any symptoms greater than a period.